



BAWBURGH NEWS

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Bawburgh Voices: Ed Balls

This month I interviewed Ed Balls. Ed lives in London with his wife, Yvette Cooper, who is the current Foreign Secretary.



Ed was a Labour MP for 10 years, a minister in the Labour government between 2007 and 2010, and Shadow Chancellor of the Exchequer between 2011 and 2015. Since leaving politics, he has had an eclectic career finding fame as a celebrity contestant on Strictly Come Dancing as well as in a celebrity version of Bake Off. He has also been a lecturer, a TV presenter, and the Chairman of Norwich City FC, and is currently a podcast host, with George Osborne, and a presenter on Good Morning Britain on ITV. More relevantly for readers, he was brought up as a young child in Bawburgh, and went to

Bawburgh School until his family moved to Nottingham when Ed was nearly 8.

Where did you live in Bawburgh?

My parents bought a house on Church Street in 1966. I lived there from when I was born in 1967 until we moved to Nottingham in 1975. It was known as the upside down house because the bedrooms were downstairs, and the living space on the top floor. We had views from the back of the house and the garden across the water meadows.

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What are your first memories of life in Bawburgh?

The water meadows would flood once or twice a year, and I can remember standing on the balcony watching the meadows and the back garden flood. We could also see right across the valley to the farms and a poultry factory on the other side. Every year there would be a massive steam engine rally in one of the fields, and I remember watching all the steam engines.

Tell me about your time at Bawburgh School?

I went to Bawburgh School from reception until we left. There were about 90 pupils in the school at the time. My teacher in reception was Mrs Sewter, and the headmaster was Mr Dilrew (I think that's the spelling!). He had an estate car that would travel to Marlingford and Easton every morning to pick up pupils and bring them to school. We had lunch in the school hall, which was also the classroom for the older children. I first played football on the school pitch. My younger sister and I would be waved off by our mum from our house, and walk to school, and then walk back again on our own after school. I don't think that happens any more!

Who were your friends in the village?

My best friends were Dawn and Neil, who lived next door but 1 to us. Their mum was the daughter of the farmer at the farm by the Church. For 2 years, we spent all of our time at the farm. We'd go out on the tractors and the combine harvesters, and we played there throughout our summer holidays. One of their dogs had puppies, and we decided to charge people 2p to see the puppies. There was another family called the Hindles, whose daughter Bev, we also used to play with. We all roamed very widely – on a Saturday, we'd go out early in the morning, and spend the whole day outside. We'd also go to the local corner shop which had a Wrigley's chewing gum machine outside, and we'd buy a packet of chewing gum for 2p.

What did you like to do outside school as a young child?

My first ever football match was in January 1973, Norwich vs Leeds in the FA Cup. It was when Leeds were one of the best teams in the country, but Norwich managed to hold them to a 1-1 draw. Every week, we'd go to church at Holy Trinity in the city, with my grandma. My mum & dad had been to Holy Trinity as teenagers. We also went to the University a lot as my dad worked there. I'd do summer sports there and swim in the river at Earlham Park. In the

summer, we stayed at my uncle's house in Sheringham for 2 weeks whilst my uncle was away. We rarely left Norfolk. I'd never been on a motorway until we moved to Nottingham. In my first week in Nottingham, I went to a test match vs the West Indies. I was astonished by the diversity of the crowd, and of the city more generally.

Do you still know people in Bawburgh?

No, we haven't been in contact for people in decades. My mum's had dementia for 20 years, and before she moved into a care home, we hired a minibus for the wider family and went to visit some of her old haunts, whilst she still had some memories. We saw our old house on Church Street, and the water meadows. We also visited the butcher's shop which her father had owned on Unthank Road.

How often do you come back to Norfolk?

In the football season, I try to get to as many home games as possible. I also visit my parents, so I'm in Norfolk at least once a month.

What advice would you give to young people growing up in Bawburgh today?

The opportunity to live and grow up in such a beautiful rural village is so rare. You've got to make the most of it, so get outside into the country, go fishing in the river, identify all

the local birdlife before you move on to secondary school.

Of all the non-political things you've done since you left parliament, what was your favourite and why?

I'm really enjoying working on Good Morning Britain. My alarm is set for 3.45am and I'm at work by 4.30 ready to start broadcasting at 6am. (I interviewed Ed at 9.45am as he was in the car on the way back from the studios to home for a well-earned rest!). We cover more politics than any other show in Britain which I'm really proud of.

I loved climbing Mount Kilimanjaro with Dani Dyer and Little Mix for Comic Relief. I also loved playing a banjo with Harry Hill, Frank Skinner, and members of the George Formby Society for the late Queen's 92nd birthday celebration.

I'm not sure that I'm having a mid-life crisis (I certainly wouldn't buy a motorbike), but having seen my mum suffer with dementia from her mid 60s, I think you have to take every opportunity that comes along.

I've never seen Strictly, but even I've seen your Gangnam Style dance. Does it worry you that people will remember that rather than your political achievements?



Ed Balls as a child in Bawburgh

Bawburgh Voices: Ed Balls (cont)

Continued from page 2

Strictly is such a warm uniting programme that I can't have any regrets. It gives people so much joy. My only regret actually is that after Strictly I was offered the opportunity to play the role of Teen Angel in a touring show of Grease. After I turned it down, the role was given instead to Jimmy Osmond, so he was second choice behind me. I do regret now that I didn't do it.

You have also appeared in both Celebrity Bake Off and Celebrity Home Cook (Ed was keen to point out he won Celebrity Home Cook). Which recipe would you share with us from these programmes?

My parents lived for a time in the US before they moved to Bawburgh, and my mum brought a lot of American recipes back with her. I think the recipe I'd share would be my mum's Americanised version of lasagne.

If you were to go on another celebrity TV programme, which one would you choose and why?

I think I'm done. I've said no to the jungle. When I was playing at Church Farm as a youngster, 3 large rats appeared from under a barrel – I jumped out of my skin. I was also bitten by a rat at my dad's laboratory at the UEA. So, living in the jungle just doesn't appeal.



Who's the most interesting person you've ever met?

It's an almost impossible question to answer as the list is so long. I hosted a documentary called Travels in Trumpland where I met an amazing Mexican lady called Marta who'd swum across the border many years previously. She was now a big supporter of Trump, and strongly in favour of building the wall between the US and Mexico to stop future immigrants. Leigh Ann Pinnock from Little Mix was absolutely fascinating. She was really interesting beyond just her music. Last year on GMB, we had Donny Osmond as a guest. He was brilliant. He broke out in song to answer any question you asked him. I tried to join in with him on "Love Me for a Reason", but he slapped me down straightaway.

Thank you, Ed, for giving so much of your time when you're on such a busy schedule, and sharing stories from your fascinating and varied life. I'm sure some other readers who lived in Bawburgh in the 1970s will remember some of the people and events Ed has mentioned. Please contact me at

andysimpson775@gmail.com

if you'd like to share your own stories.

Andy Simpson

HARVEST SUPPER AND SOCIAL EVENING FRIDAY 10TH OCTOBER



Harvest Supper at the Village Hall

Tickets: £8 adults; £4 children under 12

You will need to book in advance by emailing Sue Williams on smwstable@aol.com and let us know whether you are a meat eater, vegetarian or vegan.

Money will be collected on the night at the door and payment can be made by cash or card

Once again we are looking for volunteers to make the amazing puddings which have been such a feature of this event in the past!

Money raised will go to the church, but in the spirit of Harvest, if you wish, we will collect any items of food which you might like to donate to the Norwich Food Bank - tinned soup, tinned veg, pasta, rice or toiletries would be very welcome

Talks for Everyone

Do come to our talks. There really is something for everyone!

Venue: Bawburgh Village Hall starting 7.30pm. Entrance, including tea or coffee: still only £3

Tuesday 14th October

Cora Mullenger: Friends of Horsey Seals

There have been wardens at Horsey since 2001, when the site was managed by Natural England. Following government-funding cuts, 'Friends of Horsey Seals' charity took over the stewardship of the site in 2011. As the numbers of seals has grown so has the organisation.

Cora is one of 350 volunteers who keep the seals safe; ensure minimum disturbance during the breeding season and annual moult; educate visitors; and rescue injured animals or abandoned pups.

An appeal from Friends of Horsey Seals

Injured seals are taken to the RSPCA at East Winch. The RSPCA is always in need of old towels. So, if you have any, please bring them along and Cora will take them to the RSPCA.

Like to advertise in Bawburgh News?

An advert this size would cost you £45 per year or £5 per edition.

You would reach over 220 households in Bawburgh.

For more details contact Lesley Ely on 07792222942 or email at

lesley_fivearches@msn.com

Tuesday 11th November

Maria Pennington: Periods of Time in Relation to Jewellery

This talk covers relevant periods in time from Art Nouveau to present day in the design of jewellery. Maria will bring items of jewellery with her so if you are looking for a present for someone special come along and see what she has to offer.

Jenny, Lin and Mary

Bawburgh Village Hall Caretaker – temporary position.

The Village Hall committee are seeking to recruit a temporary caretaker to help look after the village hall. The role primarily involves the cleaning of the hall, kitchen and toilets, and on occasion the setting up of tables and chairs for hall hirers. Within various time windows, the hours can be flexible to suit.

The role is temporary for a period of several months. A great opportunity to earn some extra cash in time for Christmas!!

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MP's Month

For this month's edition I wanted to write something a bit different and share with you what a week is like as a Member of Parliament.

My week is varied – starting in Westminster voting on bills, speaking in the Chamber and meeting with a range of organisations. I then head home to South Norfolk to do the important job of speaking to residents.

On Monday I led a debate in Westminster Hall on behalf of the Petitions Committee, which I'm a member of, which focussed on petitions about immigration policy. The main focus of my speech was on Hongkongers who fled to Britain after facing oppression and are now facing an extension on their visa. I emphasised that Britain must keep their word rather than letting down those who put their trust in us.

Tuesday was spent in meetings, two of which were with organisations situated within the constituency. I met with Mencap to discuss how people across South Norfolk can access the support they need and Norwich Cycling Campaign who got me thinking about how we can use cycling to link communities together.

On Wednesday I went to the Back British Farming event hosted by the National Farmers Union (NFU). It was cracking to catch up with NFU leaders but importantly it was a chance to reaffirm my support for the farming community in South Norfolk and better understand the challenges and opportunities for our farmers.

Thursday was spent representing South Norfolk in Parliament. I spoke twice in the Chamber, highlighting three pressing transport issues: rural road safety and the need for improvement on South Norfolk roads, the need for better transport in rural areas to end enforced isolation for residents, and the

much-needed accessibility upgrades for Wymondham train station. I then spoke about biosecurity, highlighting the importance of strengthening protections at smaller ports and airports. A joined-up biosecurity strategy is much needed and will protect South Norfolk farmers from the risks posed by African Swine Fever.

Friday morning, I was back in the constituency and hosted an advice surgery in Cringleford. Surgeries are a chance for me to listen to what is concerning you most – from the NHS to immigration. After the surgery, I went to Norwich University Hospital to meet the Ovarian Cancer Support Group. It was a pleasure to see how they provide much needed care and community for those undergoing treatment.

To round up my week, on Saturday I went to the WI coffee morning. It was brilliant to chat to the women there. In the afternoon, I visited the Hethersett Hawks Cycle Speedway Club as they hosted the Cycle Speedway World Championships. It was inspiring speaking to those who have dedicated their life to cycle speedway.

On top of the business conducted at Westminster, I was busy responding to emails from constituents. It remains one of my top priorities that if you contact me about anything, from a policy issue to needing support with something affecting you, you will hear back from me.

ben.goldsborough.mp@parliament.uk

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The story of Bawburgh

As we all know, Bawburgh has a long and interesting history but did you know that there is a filing cabinet in the Village Hall containing just a small part of our story? It has recently been updated and reorganised by Mick Andrews, helped by Peter Jacques. The cabinet is locked and we want to keep the archives together but we are happy to help you find and copy information stored there.

We would also like to add to the files and hope to visit the Archives at County Hall in the near future, where more information is stored. In the meantime, if anyone has old photographs or papers that they would be willing to donate, we would love to hear from you. Or you can lend them to us, so they can be copied and the originals returned safely to you.

Contact

Jenny - jenny.press@hotmail.com

Mick - 07906399667

Lin - lin.gibson34@gmail.com

Mary - mary01@clara.co.uk

Church News

Rev Laura continues on Sabbatical, focusing her time on 'pilgrimage'. Her journey can be followed on

**www.facebook.com/profile.php?
id=61579381805002**

We are extremely grateful to Rev. Dennis Ackroyd who continues to cover the Benefice services in her absence. We are also pleased to announce that Bawburgh will be open for a service of Holy Communion on the 26th October. Please be aware that tower work will still be ongoing at this time.

Lin Gibson

Free Blood Pressure course

Bawburgh News has been contacted by The Mindful Life Group.

They say, "We're running a free, online Blood Pressure Balance course for local residents aged 65+. This gentle, supportive programme combines breathwork, mindfulness, and movement practices to help reduce and manage blood pressure. The course is led by a Chartered Clinical Psychologist specialising in older adult health and delivered by an experienced Mindfulness Teacher.

Participants who've completed the course report feeling calmer, more energised, and better able to

Church Services

October

5th	10am	16th Sunday after Trinity, Holy Communion, Easton
12th	10am	17th Sunday after Trinity, Holy Communion, Marlingford
19th	10am	18th Sunday after Trinity, Holy Communion, Marlingford
26th	10am	Last after Trinity, Holy Communion, Bawburgh

Communion at home can be arranged for those who because of illness or frailty are unable to come to the Sunday service.

If you have any queries about services, baptisms and funerals, you can contact Laura on 01603 744551 or by email at:

eastonbeneficeoffice@gmail.com

In the absence of Rev. Laura, please contact Lin Gibson, acting church warden, by email

lin.gibson34@gmail.com

Or ring

07785 258519



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Doin' Different : The River Yare

Our river starts its journey at the village of Shipdham near Dereham.

It is joined in Barford by the River Tiffy, then on to Marlingford and Bawburgh, both with a water mill. It next meanders through Colney and Cringleford, Earlham Park and past the UEA. Soon it's skirting around Norwich then on to Trowse and Whitlingham, where it's joined by the river Wensum.

At Kirby Bedon there is a statue to a well known character, Billy Bluelight, who at the end of the 19th and early in the 20th centuries raced pleasure boats along the river bank from Norwich. A little further along, the Yare arrives at Wheatfen nature reserve and the home of the late local naturalist Ted Ellis. Soon after this Cantley sugar beet refinery comes into sight.

Our river is growing wider and stronger at Hardley Cross near Reedham where the River Chet joins it. Meandering onwards, it reaches the isolated marshland settlement of Berney Arms. At Breydon Water the Yare is joined by the rivers Waveney and Bure. In Arthur Ransome's book 'Coot Club' the children sail their boat up the Yare as far as Brundall then get stuck in the mud at Breydon Water. Now the



Yare has become a powerful river as it passes under Breydon Bridge. Soon it reaches Great Yarmouth and its final destination, the sea.

The Yare has been painted by many artists including John Crome and Joseph Stannard.

The 35 mile long Wherryman's Way footpath was opened in 2005. It follows the Yare from Norwich, through marshes and villages until it too reaches Great Yarmouth.

Here's a quote from Lavengro by George Borrow who was born in East Dereham in 1803 -

'At some distance from the city, behind a range of hilly ground which rises towards the south-west, is a small river, the waters of which, after many meanderings, eventually enter the

principal river of the district, and assist to swell the tide, which rolls down to the ocean. It is a sweet rivulet, and pleasant it is to trace its course from spring-head, high up in the remote regions of Eastern Anglia, till it arrives in the valley behind yon rising ground; and pleasant is that valley, truly a good spot, but most lovely where yonder bridge crosses the little stream.'

50 / 50 Club Winners

In September, the 50 / 50 Club winners were:

- Ruth Tait
- Caroline Blake
- Rob Anthony
- Alexander Faris
- Sally Collins

If you would like to join the 50/50 club, just talk to Tishy Bayne at the next Coffee Morning.

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Coffee Morning

The September Coffee Morning was a bit smaller than usual - perhaps because of holidays - takings were £64.

The next Coffee Morning will be on Saturday 4th October from 10:30am at the Village Hall.

Everyone is very welcome.



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Bawburgh Cooks

Ed Balls' Mum's Lasagne

This recipe is based on how I remember my mum cooking her lasagne and so is heavily influenced by her Italian-American experiences on the US West Coast. Oregano is the magic ingredient and, unusually for a herb, it is better dried than fresh in this dish. I use Cheddar cheese, but you can mix it with Parmesan if you want. It also keeps well, in the fridge or frozen. If you want to eat some more the next day, you can reheat it in the oven or the microwave, but I think there is always a danger it will turn out dry. Much better to slop a couple of tablespoons of olive oil in a pan and fry the lasagne until it is hot and crisping up nicely. Divine.

Ingredients

2 tbsps olive oil
 1 onion, peeled and finely chopped
 3 garlic cloves, peeled and finely chopped
 1½ medium carrots, peeled and finely chopped
 450g beef mince
 400g tin of peeled plum tomatoes
 500ml stock – I use liquid chicken stock as I've found beef to be too strong
 400ml water (use it to rinse out the tomato tin to get any dregs)

½ tube tomato purée
 1 tbsp dried oregano
 Salt and pepper
 2 tbsp plain flour
 2 tbsp butter
 600ml whole milk
 200g strong cheese, grated – Cheddar, Parmesan or a mix of the two
 Lasagne sheets

Method

1.. Heat the olive oil in a wok or big pan and add the chopped onion, garlic and carrot. After 3–4 minutes, add the beef mince and brown. Add the tinned plum tomatoes (I chop them up in the pan), stock and water. Then squeeze in the tomato purée, season with salt and pepper and a good tablespoon of dried oregano. Bring to the boil and simmer for 30 mins until thickened.

2. For the white sauce, melt the butter, add the flour and whisk for a minute. Pour in the milk slowly, whisking as you go. Bring to the boil to

thicken, whisking regularly. Allow to cool for 5 minutes and then add the grated cheese and whisk in thoroughly before seasoning.

3. In a large glass dish/roasting tin with sides, put a little over half of the meat sauce in the pan, cover with lasagne sheets, then spread over half of the cheese sauce. Layer over the rest of the meat sauce, cover with lasagne sheets and top it all with the rest of the cheese sauce.

4. Bake at 180°C/350°F/gas mark 4 for 40 mins.

If you've tried one of our recipes, please let us know. Our cooks would love to have some feedback! You can contact me at: mary01@clara.co.uk Thank you!

Mary Wilkinson - mary01@clara.co.uk



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John Innes

The team have been busy with processing harvested material to provide data and seed to JIC researchers and external clients using our services. Even as one growing season draws to a close the new one has already begun with oilseed rape experiments already sown and established and some early winter wheat trials going in at the end of September, the rest being made ready to sow in October. We will even be sowing peas in October this year to test their winter hardiness.



John Innes Centre

Unlocking Nature's Diversity

Darryl Playford darryl.playford@jic.ac.uk

Wild about Bawburgh - plant pests

Many of you, including me, have had plant pests including mealy bug and scale insects attacking your house plants or greenhouse plants. The photos shown are thanks to Peter Markham.

Mealy bugs are soft-bodied with fluffy, cottony exteriors. They are related to scale insects which differ from mealy bugs being hard-bodied and as they become adult lose their legs becoming sedentary. Both are sap sucking bugs and cause



infected plants to leak sap from the wounds inflicted. These bugs also excrete excess sugars as a substance called honeydew. Ants and wasps, and many other insects, are attracted to these sweet-smelling nutritious substances. Sooty moulds are commonly found growing on the sugary excretions, causing black stains on leaves and underlying surfaces.

Some of these bugs can infect plant roots but are usually seen, as shown in the photo, living in inaccessible parts of plants such as leaf axils. The life of both types of bug start with eggs which hatch into 'crawlers' feeding on sap and developing into nymphs. These are male and female.



The females develop into wingless adults, whilst the males eventually develop wings. The males at this stage have no mouthparts to feed. They only live a few days and their sole job is to fertilise the females. Females can lay hundreds, even thousands of eggs usually in a cottony covered sac, or under the body until they hatch. Both mealy and scale insects can give birth to live young.



Plants can withstand a low-level infection rate.

Lin Gibson

King's Head Pub Finalists

The King's Head are finalists in this year's Norfolk and Suffolk Food & Drink Awards in the category 'Best Pub/Bar Of The Year' sponsored by @smallbeerltd. This category celebrates the some of finest Pubs & Bars in Norfolk and they are well and truly in fine company.

In 2023, the King's Head won this award and it is a real tribute to the team that they are once again finalists in the competition.

The Award ceremony takes place on 20th October, when the winners will be announced.

Good luck to all involved.

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Youth Club

In the Village Hall

Meets on the last Friday of every month from 6:30pm – 8:00pm (for children of 6 years and above). £2.50 entry per child.

Friday 31st October



Facebook Group: 'Bawburgh Youth Club'
Contact: Bawburghyouthclub@gmail.com

Bawburgh playgroup

Takes place every Friday during term time at the Village Hall from 9:30am to 11:00am.

Entry £1.50 per child includes snack for the children and tea/coffee for parents

Contact:

Jo on 07840384646
jocarlick2016@hotmail.com

Harvest Supper

at Bawburgh Village Hall on
Friday 10th October 2025
from 6:30pm until at least 9:30pm



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The Garden Shed - October

FALLEN LEAVES - make excellent leafmould which, unlike compost, takes no turning or mixing to make. Gather as many fallen leaves as possible, (mowing them to chop them up) and then stack them in a big open heap. A simple bay made from four posts and chicken wire is ideal.

HORTICULTURAL FLEECE & CLOCHEs - Fleece is the best temporary protection against frost. Drape over small plants or shrubs and bushes. Cloches are good for rows of vegetables, keeping them dry as well as warm (although always leave the ends open for fresh air).

TENDER PLANTS - including bananas, salvias, citrus, pomegranates, olives, pelargoniums, succulents, fuchsias, eucomis and hedychium, need to be brought under cover to protect them from frost. However, dahlias and cannas can be left until the first frost damage has affected them. Then they can be cut back, dug up and brought indoors to check over before storing in old potting compost in a cool, dark place where they will stay alive but not grow over winter.

KEEP DEADHEADING - throughout October, particularly plants like dahlias. This will extend their flowering season and squeeze the last bloom from them. Spent dahlia flowers become pointed and a cone shaped, whereas the new, unopened buds are rounded.

TAKE CUTTINGS - it's not too late! Choose healthy non-flowering growth, use a sharp knife and very free draining peat-free compost (add grit or perlite to the compost) and keep the humidity high by mist-spraying the leaves. Most things will strike now and overwinter successfully without needing potting on.

STORING APPLES - Discount windfalls. Fruit that is ready will come away in your hand easily by gently lifting and twisting. Store them so that they are not touching in boxes or trays, somewhere cool, but frost-free, dark and not too dry. A shed or cool garage is usually ideal.

DECIDUOUS TREES, SHRUBS & HEDGES - Plant or move deciduous trees, shrubs and hedges now as the soil is still warm so the roots will begin to grow immediately. Give them a really good soak when you do so and repeat this weekly until the ground is really wet or the leaves have fallen.

BIENNIALS - Plant or move biennials such as forget-me-nots, wallflowers and foxgloves.

VERBENA - Dig up healthy verbena bonariensis. Cut back and pot up to use to take cuttings next spring and take cuttings of penstemons and salvias.

BULBS - Continue planting spring bulbs but wait

another month for tulips.

SWEET PEAS - Sow three seeds in a three-inch pot or root-trainer. Use a good potting rather than seed compost. Germinate on a windowsill or greenhouse and once the first leaves have grown, place outside in a cold frame or protected spot. They only need protection from hard frosts, mice and becoming sodden, and do not need extra heat. Plant out in April.

ROTTING FOLIAGE - Cut back and compost all rotting foliage in the borders but leave as much winter structure as possible.

DIGGING - Start digging any ground that you want to replant this winter or use next spring. Doing it at this time of year means that it is accessible, dry and there is more daylight to do it in! Leave the soil in large slabs for the weather to break down over winter.

RAISED BEDS - If you have raised beds (if not, October is an ideal month for making them), mulch them with an inch of garden compost as they become clear of plants, leaving the worms to work it in ready for sowing or planting next spring.

GRASS - Rake out thatch and moss and keep cutting the grass for as long as it keeps growing, however it is better to have the grass too long than too short over the winter months.

HELLEBORES - Cut off any diseased and damaged hellebore leaves.

CLIMBING ROSES - Climbing roses flower on shoots grown the same spring so they can be pruned hard now. (Rambling roses on the other hand produce their flowers on shoots grown the previous summer so should only be pruned immediately after flowering.) Start by removing any damaged or crossing growth. Very old wood can be pruned right back to the ground. The main stems should be fanned out as horizontally as possible, tying them to wires or a trellis. Then all the side shoots growing from these main stems - which produced this year's flowers - can be reduced to a short stub of a couple of leaves. The effect should be a tracery of largely horizontal growth with pruned side-shoots running along their length. Finally make sure it is all tied firmly in to avoid winter damage.

With thanks and acknowledgements to Monty Don.

For more tips and advice visit his website

www.montydon.com

Marion Malone



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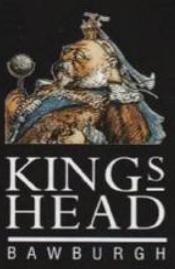
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Useful Numbers

Police: Emergencies 999
non-emergencies 101
101 is available 24 hours a day, seven days a week.
Beat Manager: James Smith
james.smith2@norfolk.police.uk
Wymondham Police Station: 01953 424242
N.H.S. Direct: 111
Bawburgh Parish Clerk: Nicola LeDain
07855 947797
pc@bawburghvillage.co.uk
Bawburgh Parish Chairman:
Peter Markham
01603 811339
Vicar: Rev. Laura Montgomery
01603 744551
Village Hall Bookings: Kathy Watchorn
bookings@bawburghvillage.co.uk
Bawburgh School:
01603 742329
Road problem reporting:
www.norfolk.gov.uk/roads-and-transport/roads/report-a-problem

Buses

Monday, Wednesday and Friday

The 806A leaves the Kings Head at 10:00am and goes to Wymondham, arriving at 10:37am. It returns from Wymondham at 12:18pm and gets back to the Kings Head for 12:55pm

Tuesday and Thursday

On a Tuesday and Thursday, the 808 leaves the Kings Head at 9:06am. It travels to Longwater and arrives at 9:32am in time to catch a connecting bus to Norwich City Centre. There are two return buses. The first leaves at 11:15am and gets back to the Kings Head at 11:37am. The second bus leaves Longwater at 12:50pm and gets back to Bawburgh at 1:10pm.

Park & Ride

This is managed by First Bus
firstbus.co.uk/norfolk-suffolk/routes-and-maps/norwich-park-ride

510 serves Hospital and 511 the University ONLY from Costessey Park and Ride.

Thickthorn Timetable: first bus to City Centre (Bus Station) from 0635 Mon-Fri, 0700 Sat. 0915 Sun
Last bus from City Centre (Bus Station) to Thickthorn P&R 1930 Mon-Fri (later on Thursdays), 1845 Sat. 1720 Sun.

Please note that Bawburgh News copy date is the 20th of each month or earlier if possible, please.
Check your village Website at: www.bawburghvillage.co.uk

Diary dates

October 2025

Thu	2nd		Mobile Library:
		9:55am	Stocks Hill
		10:15am	Church Street
Fri	3rd	9:30am	Playgroup (Village Hall)
Sat	4th	10:30am	Coffee Morning (Village Hall)
Tue	7th		■ Grey bin collection
Fri	10th		■ Brown bin collection
Fri	10th	9:30am	Playgroup (Village Hall)
Fri	10th	6:30pm	Harvest Supper (Village Hall)
Tue	14th		■ Green bin collection
Tue	14th	7:30pm	Talks for Everyone (Village Hall)
Fri	17th	9:30am	Playgroup (Village Hall)
Tue	21st		■ Grey bin collection
Fri	24th	9:30am	Playgroup (Village Hall)
Fri	24th		■ Brown bin collection
Tue	28th		■ Green bin collection
Thu	30th		Mobile Library:
		9:55am	Stocks Hill
		10:15am	Church Street
Fri	31st	6:30pm	Youth Club (Village Hall)

For the latest calendar details, see:

bawburghvillage.co.uk

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